

# WALTZ NATASHA

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Sequence: INTRO - A - B - C - B - ENDING Phase VI Waltz

## INTRODUCTION

- 1 - 4 OPEN FCG DW:REVERSE TWIRL TO BOLERO BJO:SYNCOATED WHEEL:MANUVER:  
1 - In OP fcg pos DW lead hands jnd wgt on L with R rtd sd RDW wait;  
2 - Fwd R DW small step,-,-(W fwd L twirl LF,R,L)to Bolero Bjo wall;  
1&2&3 3 - Wheel RF L/R,L/R on toes,fwd L DW lowering;  
4 - Fwd R DW in Bjo trng RF,sd L,cl R blending to CP RLOD;

## PART - A

- 1 - 4 RIGHT CHASSE PIVOT TRANSITION TO MODIFIED HALF OPEN: FENCING LINE:  
LADY ROLL TO SHADOW:  
12&3 1 - Bk L LOD, trng RF sml sd R/cl L, sd & fwd R LOD pivot RF to CP RLOD;  
2 - Bk L trng RF, sd & fwd R DC,-(W pivot RF R,L, sd & fwd R DC)end in modified  
half open M's R hand to W's L forearm both looking DC;  
3 - Same footwork lower with strong Xing action fwd L DC free arm out to RDW  
(W's free arm out to DC);  
4 - Recov R, sd L RLOD, cl R(W recov R trng LF, roll L,R)to fce COH in tandem;
- 5 - 8 SWAY LEFT:SIDE ROCK 3:HOVER TRANSITION BJO:TRNG HOVER SEMI:  
5 - With hands at W's waist sd L RLOD & sway L with stretch;  
6 - With hands at waist rock side R LOD,L RLOD,R LOD;  
7 - Sd L RLOD stretching & trng to fce RDC releasing hold,-(W sd L RLOD trng  
LF rising,small sd R still trng to fce DW),recov bk R(W fwd L)Bjo fcg RDC;  
8 - Bk L trng RF,fwd R between W's feet to CP rising(W sd L across M),fwd L DC  
in SCP;
- 9 - 12 PICK UP DOUBLE LOCK:OPEN TELEMAR:HOVER BJO:CHECK BACK & QUICK WING:  
12&3& 9 - Thru R,fwd L/lk RIB,fwd L/lk RIB(W thru L trng LF blend to Bjo,sd & bk R/  
lk LIF,bk R/lk LIF);  
10 - Fwd L DC blending to CP,trng LF sd R DC(W heel trn),sd & fwd L DW to SCP;  
11 - Thru R,sd & fwd L rising & trng W LF,recov R to Bjo fcg LOD;  
12&3 12 - Check bk L in Bjo,fwd R,trng LF tch L(W check fwd R,bk L/sd R,fwd L on  
toes trng body LF to stay square with M)end SCAR fcg DC;
- 13 - 16 CLOSED TELEMAR:MANUVER:SPIN TURN:BACK.SIDE.CLOSE:  
13 - Fwd L DC, trng LF sd R DC(W heel trn),sd & fwd L DW to Bjo;  
14 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
15 - Bk L cpl pivot RF, fwd R heel to toe trng to fce DW(W rising brush R),  
sd & bk L RDC(W fwd R between M's feet);  
16 - Bk R RDC, trng LF sd L toe pointing DC, cl R in CP DC;

## PART - B

- 1 - 4 OPEN TELEMAR:CHAIR(SWIVEL) & SLIP:CHECKED REVERSE & SLIP:DOUBLE NATURAL:  
1 - Fwd L DC, trng LF sd R DC(W heel trn),sd & fwd L DW to SCP;  
2 - Thru R lowering with fwd action(W thru L swivel LF),recov L in Bjo rising  
small step bk R blending to CP lowering to fce DC;  
3 - Fwd L, trng LF sd & fwd R DC on toes R side leading head to R checking(W bk  
R, trng LF sd L head to L),lowering recov L trng RF to CP DW;  
123 4 - Fwd R DW, trng RF sd L across W, spin RF on L(W bk L, cl R heel trn/fwd L,  
(12&3) R around M)to end in Bjo LOD;

- 5 - 8 SEMI CHASSE:WEAVE 6 TO SEMI: TWIRL TO LOP FCG:  
 12&3 5 - Fwd R in Bjo trng to SCP DC, sd & fwd L/cl R, fwd L in SCP;  
 6 - Thru R DC, blending to CP fwd L DC trng LF, sd & bk R LOD;  
 7 - Bk L LOD in C/Bjo, sd & bk R blending to CP, trng LF sd & fwd L DW in SCP;  
 8 - Thru R, fwd L, fwd R (W thru L, twirl RF R, L to fce M) to end in open fcg ptr DW lead hands jnd;
- 9 - 12 LADY DEVELOPE: REVERSE TWIRL BOLERO BJO: SYNCO WHEEL: MANUVER:  
 9 - Bk L, pt R sd, -(W bk R, developpe L, -);  
 10 - Fwd R DW, -, -(W fwd L twirl LF, R, L) to Bolero Bjo wall;  
 1&2&3 11 - Wheel RF on toes L/R, L/R, fwd L DW lowering;  
 12 - Fwd R DW trng RF, sd L, cl R blending to CP RLOD;
- 13 - 16 OPEN IMPETUS: OPEN NATURAL: OPEN IMPETUS: THRU & CHASSE BJO:  
 13 - Bk L LOD in CP, cl R for heel turn (W sd L arnd M), fwd L LOD in SCP;  
 14 - Fwd R trng RF, sd L DW, bk R (W fwd L, R, L) to Bjo fcg RLOD;  
 15 - Bk L LOD in Bjo, cl R for heel turn (W sd L arnd M), fwd L LOD in SCP;  
 12&3 16 - Thru R, sd & fwd L/cl R, fwd L (W thru L trng LF, sd & bk R/cl L, bk R) blending to Bjo DW;

## PART - C

- 1 - 4 MANUVER: SPIN & LEFT TURNING LOCK TO SEMI: DOUBLE WING RDC:  
 1 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
 2 - Bk L pivot RF, fwd R heel to toe trng to fce RDW (W rising brush R), sd & bk L (W fwd R between M's feet);  
 1&23 3 - Bk R DC to Bjo/lk LIF (RIB), bk R to CP, trng LF sd & fwd L to SCP LOD;  
 1&2&3 4 - Thru R, trn on R to fce RDC, tch L (W thru L/fwd R, L/R, L around M) to SCAR RDC;
- 5 - 8 CHECK RECOVER SIDE BJO: MANUVER: PIVOT TO A HAIRPIN: BACK CHASSE:  
 5 - Fwd L RDC in SCAR, recov R trng LF, sd & fwd L Bjo DW;  
 6 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
 12&3 7 - Bk L LOD pivot RF, fwd R LOD between W's feet still trng RF/fwd L wall to contra, fwd R RDW to Bjo;  
 12&3 8 - Bk L DC in Bjo, sd & bk R/cl L, bk R;
- 9 - 12 OUTSIDE CHANGE SEMI: THRU TO THROWAWAY OVERSWAY: HIGH LINE:  
 9 - Bk L DC in Bjo, bk R to CP, trng to SCP fwd L DW;  
 10 - Thru R DW, sd & fwd L cont trn to fce DW, start to lower on L with R extended bk (W thru L, sd & fwd R trng LF, to CP stretch L bk DW);  
 11 - Continue to lower on L stretch L side sway & head to R (W lower on R with L extended DW stretch R side sway & head to L), -, -;  
 12 - Rise on L trng W to tight SCP LOD both stretch upwards, -, trng slightly LF to C/Bjo losing stretch bk R RLOD (W fwd L);
- 13 - 16 BACK HOVER IN BJO: MANUVER: FALLAWAY WHISK: WING:  
 13 - bk L RLOD in Bjo, sd & bk R rising, fwd L C/Bjo DW;  
 14 - Fwd R Bjo DW trng RF, sd L, cl R to CP fcg RLOD;  
 15 - Bk L LOD, trng RF sd & bk R, XLIB (W fwd R, trng RF sd & fwd L across M, XRIB) to SCP DC;  
 16 - Fwd R, draw L to R body trng LF, -(W fwd R, L trng body LF to stay square with M head trng to the L rising to toes) end in SCAR fcg DC;

## ENDING

- 1 - 4 MANUVER: RIGHT PIVOT TRANSITION TO MODIFIED HALF OPEN: FENCING LINE: HOLD  
 1 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
 2 & 3 - Repeat Part A measures 2 & 3; ; hold;